



Junior Safety-at Sea Seminar

Hosted by
Raritan Yacht Club



Date: Friday July 30, 2010

This hands-on program presented by the Storm Trysail Foundation gives junior sailors an opportunity to learn about safety equipment and practices related to big boat sailing. The program is equally well-suited to juniors with and without prior big boat experience. The program includes classroom instruction, dockside demonstrations, and on-the-water practice in boats ranging from 30 to 40 feet in length. Skills to be covered include: boat and crew organization, crew overboard recovery, safety gear, life raft deployment, storm sail use, VHF radio use, and sea sickness prevention. Instructors have extensive heavy weather experience and have sailed tens of thousands of offshore sea miles. They include Bermuda Race, TransPac, and other major ocean race winners.

Time: 0830 hrs – 1700 hrs.

Who: Participants should be intermediate-level sailors ages 14-18. Junior programs are encouraged to come as a group accompanied by their junior instructor or coach. All juniors must be supervised. Enrollment is limited to 150. Students who have taken the course previously are encouraged to repeat. New material will be included.

Cost: \$45 (juniors and adult supervisors). Price includes donuts in the morning, lunch, and end-of-day party as well as prizes, T-shirt, and take-home documents. Scholarships are available in a limited number. Registration materials available after May 15 at: <http://www.phrfma.org>.

Registration deadline is July 9, 2010.

Please contact: Kelly Robinson (krobins@rutgers.edu, 718-974-5571) to learn more about having your club participate! To see pictures and reports from last year, go to: <http://www.stormtrysailfoundation.org/safety-at-sea.htm>



North Jersey Yacht
Racing Association

Sea Safety International, Inc.